

## 2023-24 Competition Teams Handbook - REVISED 8/1/23

**Team & Apprentice Requirements:** Team and Apprentice Teams are formed based on an audition. Being a member of the Team or Apprentice is an accomplishment and a privilege. Members of the Team and Apprentice are challenged to their full potential and presented with the opportunity to showcase their talents in a competitive forum. At TND our goal is to provide the highest quality of training in a positive, modest, and age-appropriate environment.

**Elite Team:** The Elites were established to give serious dancers, ages 12-18, the opportunity to train and compete at the highest level at TND. Our desire is to select a group of dancers with outstanding technique, exceptional performance quality, style, and a fierce work ethic. Elite Team dancers pledge to fully COMMIT to dance (Elite Team) as their extra-curricular activity for the entire season. Elite Team dancers will train a minimum of 4 days per week, including some choreo or rehearsal sessions on Fridays, Saturdays, and/or Sundays. Elite Team dancers will attend 4 regionals, 1 convention, and possibly one convention/competition per season, in addition to a National competition every other year. They are required to attend the required Elite summer open classes and the dance camp intensive in July.

**Competition Teams** are designed for serious students who wish to commit to competition dance as their extra-curricular priority and train multiple days per week. They are required to attend technique and rehearsal classes 2-3 days per week, including choreo and rehearsal sessions on some Saturdays and/or Sundays. Competition Team members are required to participate in 4 regional and 1 national competition - every other year, summer open classes, and the summer dance camp intensive in July.

**Apprentice Teams** are designed for serious students who wish to train and compete at a higher level, but are involved in other activities as well. They are required to attend technique classes once a week. Competition entry rehearsals or registering for an optional class may require Apprentice dancers to attend 4 competitions and possibly choreo and/or rehearsals on an additional day per week. Apprentice dancers are required to attend summer open classes as well as the summer dance camp intensive in July.

*Anyone who does not fulfill their commitment will not be invited back to Team or Apprentice. A Team or Apprentice member is not permitted to compete as an independent or for another studio while on Team or Apprentice at Tumble 'N Dance.*

- **All Teams & Apprentice** - Must attend the required summer open classes and Dance Camp in July. Any Team or Apprentice member who does **not** fulfill the dance camp or summer training requirements **must** confer with April in order to make-up for the absences. Those who do NOT meet the above stated Team/Apprentice requirements may lose their spot as a member of the TND Teams.

**Dress Code/Supplies:** Apprentice, Petite, Junior, Pre-Teen, Senior, and Elite Teams must wear a black cotton/lycra **TANK** leotard **with tights** ("Team uniform"), to all their classes/rehearsals on Mondays & Thursdays. All dancers should have a black chiffon wrap skirt, but are not required to wear it to their weekly ballet classes, unless instructed to do so. Dancers may wear dance attire of their choice on Fridays and Saturdays. No student may wear *every-day* shorts, sweats, and t-shirts as their sole dance attire to class or rehearsals. **All Team and Apprentice members MUST wear the appropriate dance attire to all classes, rehearsals, etc. with their hair pulled up and away from their face.** All jewelry should be removed. All students should be able to remove dance pants, shorts and t-shirts upon request. The dress code promotes discipline in the classroom as well as to allow the instructors to see their bodies move and be able to spot them during

gymnastics/contortion classes. Please refer to your *Competition Supply Notice* so that you purchase the correct dance supplies for classes, performances, and competition. JR, Pre-TN, SR, and Elite Teams are required to have a resistance band. Students should bring their bands with them everyday they have class.

**Ballet Class Dress Code:** All hair must be in a bun, pink canvas ballet shoes, black leotards, and convertible tights.

**Comp Teams & Apprentice Fees:** Please refer to the tuition rates listed below for Teams and Apprentice for the 2023-24 Season. Regular tuition is based on a full season of lessons. In addition to tuition, Team and Apprentice members will pay competition entry fees, regional and national solo, duet, and/or trio choreography fees, group choreography/rehearsal fees, Nationals Instructors Fees, payment of costumes, and supplies. As with all students, tuition and choreography fees can NOT be prorated for missed lessons during the regular season for any reason. All regular TND fees and tuition must be paid in full before any type of competition fees will be accepted. All payments will be applied to regular TND fees first. If any student's fees, such as tuition, costume payments, choreography or performance fees, etc. become delinquent by **ONE month** or entry fees are more than **TEN days** late, this will result in the student's removal from the Team or Apprentice and attending lessons and rehearsals until the balance is paid in full. Tuition, choreography fees, entry fees, group choreography/rehearsal fees, performance fees, costumes, registration fees, supplies, nationals instructors fees, etc. are **NONREFUNDABLE.**

**Apprentice Team: \$120/month**

**Pre-Teen Team: \$155/month**

**Petite Team: \$135/month**

**Senior Team: \$165/month**

**Junior Team: \$135/month**

**Elite Team: \$210/month**

### **3 Payment Plans:**

**#1 – Traditional:** Pay monthly tuition, entry fees, costumes, etc. by the stated due dates

**#2 – Full Pay for Season:** Pay all tuition and duet/trio fees (if choreographed by TND staff) by 8/7/23 and receive a 5% discount. Please notify Ms. April ASAP if you'd like to pay in full for the season so a quote can be computed for your dancer.

**#3 – FLEXPAY:** All tuition (Oct.-May), competition costume balance, all regional competition entry fees (no optional nor national competitions), rehearsal fees for duet/trios (if using outside choreographer) or specialty groups, and competition dress rehearsal fee will be computed and divided over 8 months with payments beginning in October-May. Those choosing Flex Pay should notify Ms. April for a quote by Aug. 29. August and September tuition are due traditionally, along with the Competition Costume Deposit. NOTE: Due to all costumes and entry fees being "bundled" for the year, if payment becomes over 30 days late, and you haven't discussed your hardship with Ms. April, the following will incur:

- Competition costume order will be canceled for your dancer
- Dancer will be removed from all competition entries
- Late fee policy is applicable to all FLEXPAY plans
- Tuition, entry fees, competition dress rehearsal fee, and costume fees are nonrefundable.
- As always, if you have a financial hardship, please notify Ms. April so a mutually agreed upon plan can be established.

**SPECIAL NOTE:** What's **NOT** included with FLEX Pay or Full Pay for Season - competition costume deposit (due Sept.7), Production, Tap Line, and/or Specialty Group Choreography Fees, Solo Choreography fees, Solo Rehearsal fees via *Sign-up Genius*, Christmas Performance Fee, Spring Recital Costume, Spring Performance Fee, Rhinestone Fee, Make-up/Eyelash Packages,

Competition Jewelry, Private/Semi-Private lessons, national entry fees, and optional competitions or conventions.

**Summer Training Requirements:** Team and Apprentice members are required to attend open classes during the summer months to keep in shape and continue their technique training. These dates will be announced in April, along with the dates for the mandatory summer dance camp intensive.

**Summer Competition Fees:** A Summer Comp Fee is due for all dancers selected for Team and/or Apprentice. The fee covers all required summer open classes + dance camp intensive. 50% of the Competition Summer Fee is typically due in early June and the balance is due in mid-July. The summer fees were separated into two manageable payments; similar to paying tuition for June and July.

**Competition Entry Selections & Requirements:** ALL competition entries are per invitation ONLY! Invitations for solos, duets, trios, and specialty groups will be extended to PT, JR, Pre-TN, SR, and Elite dancers. Solo and Duet/Trio invitations are based on the information you provided in the spring questionnaire. April uses this information to make entry invitations based on students' individual strengths, etc. You'll receive your Entry Invitations in August. Choreography schedules will be developed at the end of August/early September, based on EMAILED Entry Declinations for solos, duet/trios, and specialty groups. We'll strive to schedule all rehearsals so that they are convenient for all participants. **Each Team member has until August 7 to decline any Solo, Duet/Trio, PRODUCTION, Tap Line, or Specialty Group entries that they are invited to perform.** All optional classes, EXCEPT for Pointe, SR/Elite Acro-Gy, and Kicks/Turns/Tricks (Aug-Oct) have a competition entry associated with the class. Therefore, if you take hip hop for example, you will be expected to participate in the competition entry for that optional class and attend all competitions that entry will be competing. **NOTE:** "IN CLASS" Group Entries cannot be declined. These entries are taught and rehearsed during regular classes, so all members will participate.

**Things to ponder when considering whether to decline a solo, duet/trio or any Specialty Group, Production, and/or Tap Line entries...**

1. Family budget
2. **D**esire, **D**edication, and **C**ommitment to each particular entry
3. Consistent punctuality and attendance to each and every rehearsal. Absences should be limited to illness or emergencies. 4+ absences will result in a parent conference and removal from an entry. The attendance policy will be strictly enforced!
4. Family, school, or other obligations and/or time constraints.

**PRODUCTION & Tap Line Entries:** Choreography for those participating in the Production Number will be taught during 1-2 weekend sessions. The PRODUCTION choreography fee is apprx. \$70 per dancer. The Tap Line is open to all Mini, PT, JR, TN, SR, Elite Team members. The Tap Line Choreography Fee is apprx. \$55 per dancer. There will be a weekly joint Production/Tap Line Rehearsal. PRODUCTION/Tap Line are considered "optional classes" and will be charged accordingly from November-May. *Attendance at all choreography sessions is mandatory in order to participate in the Production and/or Tap Line.*

**Rehearsal Attendance Policy:** It is a necessity that ALL Team and Apprentice members are present and prompt for their scheduled rehearsals. Attendance will be taken at each class & rehearsal. Please reserve absences for illness and/or special occasions.

**IMPORTANT:** If you choose to participate in after-school activities, they should not interfere with your required classes/rehearsals for TND. If there is a conflict, attendance at your TND

competition classes/rehearsals **should be your priority**. If you absolutely must miss class due to a school event, then the class **MUST** be **\*“made-up”**. This can be done by signing up for a private lesson (at your expense), attending a Pop-Up Class (at your expense) and/or attending an additional Saturday TECH-Conditioning Class for JR/Pre-TN/SR/Elite dancers!

**CONSEQUENCE:** If you are unable to attend all your required classes or rehearsals for the entire 23-24 Season or exceed 3 absences from a class or rehearsal without **\*“making it up”**, then you will be removed from your Team. There will be **NO** refunds for any fees remitted. **NOTE:**

**\*Students with excessive absences/tardies to rehearsals may be removed from an entry. If a student is removed from an entry or asked to leave the studio, there will be no refunds for tuition, choreography fees, costumes, or entry fees.** Please consider this policy when accepting entry invitations, especially if you have other family and/or school obligations. Due to the necessity of all students attending all technique classes and competitive rehearsals, I'm requesting that families refrain from using technique classes, rehearsals, competitions, performances, and their overall Team membership as a type of punishment when disciplining. **NOTE: A student's absence greatly hinders the productivity of all classes and rehearsals; so please be mindful of the TND attendance policy.**

**Regional Competitions:** The regional competitions are held in metro Atlanta, Athens, Carrollton, Macon, or Chattanooga areas and are usually held on Saturdays and Sundays and sometimes Friday afternoons. Competitions take place during the months of February – late May. National competitions are usually held in June or early July and may be held out of state. We attend a National competition every other year. Our next summer to attend Nationals is 2025. All PT, JR, Pre-TN, SR, and Elite dancers will be attending 4 regional competitions this season. Apprentice dancers will attend 3 competitions, unless an Apprentice dancer is involved in Production, Tap Line, and/or an optional class such as hip hop or lyrical-contemporary. We have found that the more the kids perform in the competitive forum, the more experience and confidence they gain; therefore increasing their overall success at each competition. **Each Team and Apprentice member is expected to attend each and every competition during the season, unless they are ill, injured, or have a family emergency!** Each Comp dancer makes a commitment to Tumble 'N Dance and their fellow dancers that they will be at all the competitions that everyone paid and prepared for. If you have a conflict with a competition and an extra-curricular activity, please try to adjust your schedule around the competition dates. In scheduling competitions, attempts are made to space out the competitions, but it may not work out that way. Please remember, dates and venues of competitions are subject to change beyond our control. I will strive to inform you of any changes in a timely fashion. Also one week before every regional competition, each competitor will receive the schedule for that particular regional competition.

**Competition Entry Fees:** Each competition charges an entry fee per act/entry. TND will assess a set fee for solos, duets, trios, and group entries for all competitions. Entry fees are due approx. two months prior to the competition date. Late payment of entry fees will result in your name being left off the Studio's entry form for each of your numbers. Entry Fees are **NONREFUNDABLE**, even for illness and injury.

**NOTE:** We will be attending the Hall of Fame competition that assesses a \$35 media fee per dancer; each additional dancer per family is \$10. The fee covers high-quality photos and videos of each of your dancers from each of their routines, as well as HoF's behind-the-scenes photos from the event. These are provided digitally.

**2024 Entry Fees for Competitions - FEES HAVE INCREASED CONSIDERABLY!**

**REGIONALS:** Solo = \$160      Duet/Trio = \$83 (per dancer)      Group = \$72 (per dancer)

**Optional Competitions:** During the regional season, interested solos, duets, or trios are invited to attend various optional competitions. The selected competitions are completely optional and all members of a duet/trio must be in agreement to enter the optional competition.

**National Competition & Instructors Fees:** We will not be attending a National competition the summer of 2024! The summers that we attend a National competition, additional entry fees, solo, duet and trio rehearsal fees, and rehearsal fees for group entries will be due. These fees will be minimal and will cover all rehearsals from late May - the National competition. Nationals' Rehearsal Fees are TBA by the month of April. Families are responsible for making their own lodging reservations and transportation arrangements for the National competition once the venue is CONFIRMED. This is recommended at least 5-6 months in advance. Beginning the summer of 2025, a "Nationals Instructors Fee" will be assessed per comp dancer or comp family with 2 or more dancers attending. The fee will go to compensating the attending instructors' time, travel, food, and lodging expenses while at Nationals. This fee is due prior to the National competition. The fee will be \$40.00 per student or \$65.00 per family.

**Solo Choreography & Rehearsal Fees:** Each solo will be assessed a choreography fee to "set" the choreography for their solo. The solo choreography rate will be **\$250.00 for any solo choreographed by a TND staff choreographer**. The solo choreography fee will be due on or before the first scheduled choreography session with your choreographer. In addition, during January-May, solo entries **MUST** sign-up via *Sign-Up Genius*, for "Private or Semi-Private" rehearsal times, 1-2 times per month, with their instructor. Privates for solo rehearsals will be assessed at the rate of \$15.00 per 30 minutes or Semi-Privately (2 dancers only per 30 minute lesson) for \$10.00 per 30 minutes.

**Duet, Trio, and Group Choreography/Rehearsal Fees:** Most "Out-of-Class" groups/lines, duet, and trio choreography/rehearsal fees will be calculated for the entire regional season.

Total **Duet** Choreography/Rehearsal Fee for the regional season = \$324.00

- \$162.00 per dancer or \$18.00/month Sept.-May

Total **Trio** Choreography/Rehearsal Fee for the regional season = \$351.00

- \$117.00 per dancer or \$13.00/month Sept.-May

**Guest Choreography for Solos & Duet/Trios + Rehearsal Fees:** Occasionally we have the opportunity to enlist guest choreographers for some of our Team entries. These choreography fees are based on each choreographer's set rate; which only includes the choreography, the learning of the choreography (usually 2 ½-3 hours), and the music production. Choreography fees for guest choreographers are due at the time of the first lesson. Additional rehearsal fees will be assessed for these entries from January-the regional competition. Solos (choreographed by a guest instructor) will be required to sign up 1-2 times per month, via *Sign-Up Genius*, with a TND instructor to rehearse and clean their choreography for competition. See "Solo Choreography/Rehearsal Fee" section above for Private/Semi-Private rehearsal fees.

**Group Choreography + Rehearsal Fees:** All Team and Apprentice students will be invited to perform in at least 1-2 "IN CLASS" group entries. For 2023-24, our "OUT-OF-CLASS" group entries or those entries choreographed by a guest choreographer are the Production, SR Jazz, and Pre-Teen Jazz. All Elite Small Groups will be choreographed by guest instructors. Attendance at each of the choreography learning sessions is extremely important and attendance is MANDATORY for the Production and/or Tap Line in order to participate. A Choreography Fee & Rehearsal Fee, per dancer, will be assessed as follows...

- Group Choreography Fees vary based on the entry. Please refer to the ENTRY INVITATION for the exact price. After the initial choreography session, the SR &

Pre-Teen Jazz group entries will be cleaned and rehearsed during their regular jazz choreography time on Mondays.

- The rehearsal fee for Groups and any Duet/Trios choreographed by outside choreographers is \$10.00 per month from Jan.-May. Again, there is no pro-rating of tuition for missed rehearsals of any kind.
- Production Fee is \$70 and due by Nov.
- Tap Line Fee is \$60 and due - TBA.

NOTE: Production/Tap Line are considered “optional classes” and will be charged an additional \$10.00 per month, from November-May, for their weekly rehearsal session on Thursdays from 6:30-7:00 pm.

**“IN CLASS” Group Entries** - “IN CLASS” entries will be rehearsed during a portion of their regular weekly technique classes. These are considered “In Class Entries”. Group Choreography/Rehearsal fees are not assessed for “In Class Entries”.

**“OUT-OF-CLASS” Entries** - “OUT-OF-CLASS” entries are the Production, Tap Line, SR Jazz, Pre-TN Jazz and all Elite Small Groups. A choreography fee is assessed, per dancer, for the choreography, the music edit, and choreography learning sessions. There will be a charge of \$10.00 per month from January-May to cover the regular weekly rehearsals for the Specialty Musical Theatre Group. All others will rehearse during a portion of their regular class time.

**Costumes/Jewelry/Rhinestones:** Teams and Apprentice will purchase one additional BALLET costume for the Spring Recital. You’ll be notified of this when Spring Recital notices are distributed in December. Each competition entry must be appropriately costumed in order to be successful in competition. Therefore many of you will be purchasing many costumes for the upcoming season. These costumes will be worn for the Spring Recital, as well as for all the competitions, and possibly for the following Competition Season. Some costumes will be custom/ base costumes, which will be specially made for the entry. Again this year, Soloists and duet/trios will be responsible for their own solo/duet/trio costume, per specifications from their choreographer. Below are the prices for Competition Costumes. **Prices are per costume per dancer!** If you miss the costume deposit deadline, your costumes will not be ordered!

### **\$90.00 per competition costume**

**50% costume deposit is due for all competition costumes by Sept. 9 and all balances are due by Oct. 14.**

**Competition Jewelry:** Each dancer will need a rhinestone choker, rhinestone earrings, and a rhinestone pony-tail clip/band for competition. All Team and Apprentice members will wear the same accessories. Parents may purchase these on their own, from the approved online stores, or you may order directly from the studio. Instructions for ordering will be available in late October.

**Rhinestone Fee:** Female students will be assessed a rhinestone fee. This fee will cover all the rhinestones required for adorning competition costumes.

*\*Competition Jewelry may be ordered through the studio. Order forms will be available in late October. Prices are TBA and will be listed on the order form.*

**Thanksgiving, Christmas Break, and MLK Day Rehearsal(s):** During the breaks we may possibly hold 1-2 **MANDATORY** rehearsals. You’ll receive advance notice of extra rehearsals.

**Competition Dress Rehearsal:** A **MANDATORY** competition dress rehearsal will be held at the Henry Performing Arts Ctr. in McDonough for all competition entries. The dress rehearsal is held to make final preparations for all entries, utilizing a stage like one they’ll be performing on in competition. The rehearsal fee is apprx. \$25.00 per student and due prior to the rehearsal.

**Competition Guidelines & Awards:** Please also refer to the addendum sheet entitled the *Guidelines & Procedures for Competitions*, which you'll be receiving in January.

**Parental Commitment:** Please remember, being on Team and Apprentice is not a typical weekly class situation where you drop your child off, pay tuition, and pick them up after class. You are a member of the Team too! Communication with your child's instructors and Ms. April is essential for this to be a productive and successful year. Participate in Team and Apprentice activities; become acquainted with other Team and Apprentice parents, and show enthusiasm and support for all students and the instructors. Parents need to know first-hand what's going on in classes and rehearsals in order to better help their child at home. **All parents must accompany and remain with their child at all Tumbles 'N Dance functions, including competitions. This is for the safety of your child as well as for liability reasons.** If a problem or concern arises throughout the season, please speak or notify Ms. April directly. I strive to resolve any problem, conflict, or concern in a timely, effective, and efficient fashion. Please do not use other parents as sounding boards for disagreements you may have. This includes texting, social media, etc. Parents or students who continually exhibit negative attitudes or cause conflict among other parents, students or the staff will be asked to leave Tumble 'N Dance. Please remember, you are very important, but no more important than anyone else.

**Team and Apprentice Dancers & Parent "Decorum and Behavior Policy":** Behavior of all those on Team and Apprentice and all those associated with the Teams (parents, teachers, etc.) should be above reproach at all times while in the Studio, performances, or at competition. We are all representing TND and our families and we both should expect nothing less.

1. Special friends (male or female) may NOT accompany Team and Apprentice members to class or rehearsals and it's recommended that they not attend the competitions.  
**Boyfriends at dance class are a distraction; DO NOT invite boys to come watch you take class AND I strongly recommend that do NOT attend competitions! This just increases dancer anxiety!!!!**
2. Students must remain inside the building at all times. Students won't be allowed to wait outside or leave with someone other than their parents. **In addition, students are NOT allowed to WALK TO SUBWAY unless they are age 16 and over or their parents contact the studio and give verbal permission for them to do so.**
3. Skipping classes or rehearsals, without a parental excuse, will NOT be tolerated! Please email TND to inform us if your child will be absent from a class or rehearsal.
4. Team and Apprentice members and their parents will **NOT** discuss other students, teachers, and parents while a member of the Team or Apprentice. I want all students & parents to feel comfortable and enjoy their experience at TND. **Facebook, Instagram, Snapchat, Twitter, Phone Calls, Texts, etc.** should not be used as a forum for gossip or to post derogatory comments about the studio, other parents or Team and Apprentice members. If a student or parent engages in this type of behavior, they may be asked to leave Tumble 'N Dance.
5. ***Absolutely no belly button rings, nose or tongue piercings, tattoos, or dangling jewelry are allowed in classes, rehearsals or competitions.***
6. **CELL PHONE BOX - New for 23-24!!** Each classroom will have a cell phone box where all students will place their cell phone while class/rehearsal is in session. This will hopefully eliminate distractions that we've been experiencing during classes and rehearsals as of late.

7. All Team and Apprentice members are expected to respect the property of other students and parents. Please keep all valuable items at home and do NOT touch other people's belongings.
8. All dance bags will be kept with dancers inside their prospective classrooms. NOTE: Cell phones will be kept in the classroom box.

***Tumble 'N Dance established a "Decorum/Behavioral Policy" to help ensure a positive learning environment. If a Team or Apprentice member is negative or hurtful to another student or instructor, skipping classes or rehearsals, not abiding by the dress code, or giving 100% effort in a technique class or rehearsal, they will be dismissed from class. I will not tolerate a student and/or parent being mean or disrespectful to another student, parent, or teacher. Those who commit infractions as stated above may be asked to leave the studio. The overall Team and Apprentice morale is extremely important in order for this to be a successful year.***

***Christmas Shows, Spring Recitals & Competition Spring Showcase:*** Competition Teams and Apprentice dancers are **REQUIRED** to participate in all TND performances. Exceptions to this policy will be made only for extenuating circumstances after being discussed with Ms. April. TND annual performances are the Christmas Shows, Spring Recitals, and Competition Showcase.

***Christmas Shows:*** Team & Apprentice dancers will perform a holiday-inspired ballet piece in one Christmas Show performance.

***Spring Recitals:*** All Team & Apprentice dancers will perform a ballet piece and one small group Team/Apprentice comp entry (Jazz or Tap) in their assigned Spring Recital performance. In addition, the 2024 Production entry will be performed as the opening number for two spring recitals.

***Comp Showcase*** - Dancers showcase all competition entries from the season. The show will allow friends, family, supporters, etc. the opportunity to see all entries, solos, duet/trios, groups and lines, performed by TND, during one evening. Secondly, in an effort to keep spring recital performances within a reasonable length of time and expense, it was necessary to come up with a new way of presenting our spring performances without short-changing any of our students. Here are some general guidelines for the 2024 Competition Showcase...

- The Competition Showcase will be a variety show format. The line-up of performances will consist of groups, lines, solos, duets, and trios. Solos, duets, and trios may "opt-out" of performing their entry if they like. For instance, if you don't wish to perform your solo during the showcase, just let me know by early May, so that the line-up for the Showcase can be developed accordingly.
- The Competition Showcase will be open to the public. We will advertise the showcase throughout the studio, in the spring recital program book, etc. inviting our recreational students and parents, as well as the local community to attend. Tickets will be sold for the Competition Showcase. Tickets will be \$10.00.
- Each Team and Apprentice student will be charged one performance fee of \$75.00 to perform in the Spring Recitals and the Competition Showcase. The performance fee will include 2 (two) admission tickets per performer for the Spring Recitals and 2 (two) admission tickets per performer for the Competition Showcase. All persons must have a ticket for admission for both the Spring Recitals and Competition Showcase, regardless of age. Additional tickets will be sold, as supplies last, for all performances (recitals and showcase) for \$10.00 each. Performers do not need a ticket for admission to either the



Spring Recitals and/or Showcase; however all other guests will need a ticket, including parents.

- Class Mom Volunteers for our Christmas Shows, Spring Recitals, and Comp Showcase will receive a special pass to serve as their volunteer badge & admittance ticket.
- We will need one MOM Volunteer for each Team and Apprentice to remain in the dressing/backstage area for the entire spring recital dress rehearsal and recital. The MOM will assist with lining up their Team or Apprentice for their respective performances during all performances. Each mom will be responsible for their own child's costume changes during the Showcase.
- Team & Apprentice students will purchase a new BALLETT costume for the Spring Recital. The cost of the costume is approx. \$75.00.
- A portion of the Spring Recital Program book will be devoted to the Competition Showcase. We'll sell ads for the program book and we'll sell the program books at both performances of the Spring Recitals and at the Competition Showcase, as supplies last.
- We are planning a Competition End-of-the Year Banquet/Reception again this year. Those on the new *Entertainment Committee* will assist me in planning this event and more information will follow in the spring.

**Healthy Diet & Practice:** Please strongly encourage your child to eat healthy foods, increase their consumption of water and to regularly practice at home. Please record and observe your child during their competition rehearsals and encourage them to practice at home. Students should participate in some type of exercise such as running, walking, fitness classes, etc. to stay in shape. In order to help promote increased physical fitness and dance technique, there will be a required TECHNIQUE/CONDITIONING Class for Pre-TN/SR/ELITE Teams. JR dancers are welcome to take the class and pay-by-the-class. Pre-TN/SR/Elite dancers are required to attend one class each month.

**Jumps/Turns/Tricks Class:** Again this season, our J/T/T class will be held in our Production/Tap Line rehearsal time slot from Aug-Oct. Any JR/Pre-TN/SR dancer is invited and encouraged to take this class. The class is REQUIRED for all Elite dancers. The fee is only \$10/month. Please let us know if you'd like to add the J/T/T class to your schedule! Please restrict your child's consumption of soft drinks and junk food at home! While at the Studio for classes and rehearsals, students will NOT be allowed to drink sodas. Water is the preferred beverage while at the studio!